Evidence-Based Practice Project-Focus on Education Plan and Theory

NURS 1101

Fall 2012

Due Date and Instructions:

- October 17, 2012, no later than 12noon to Ms. Jablonski
- Papers turned in after 12 noon on the due date will have a 10% deduction for that day. An additional 10% deduction will be made for each calendar day the paper is late.
- This is a mandatory project. Failure to complete project will result in student receiving an Incomplete until the project is submitted.

Purpose of the Project: Evidence-based practice is a hallmark of nursing and general health care. This project is designed to initiate the beginning nursing student to the process of identifying an evidentiary basis for nursing practice and interventions. This projected narrows in focus to nursing interventions geared toward patient education and nursing theory.

Objectives: The beginning nursing student will accomplish the following over the course of this project:

- Identify a disease process of interest from the list of scenarios.
- Identify and prioritize educational needs of the patient in the scenario.
- Utilize evidence-based literature (a research article) to support identification of nursing interventions specific to the patient in the scenario.
- Identify a nursing theory that corresponds with the educational goals of the teaching plan.
- Develop a teaching plan using current research.
- Create an APA formatted title and reference page (see sample and guidelines in Georgia Highlands Nursing Handbook)
- Times New Roman with font size of 12 and double spaced
- Submit project in a paper pocket folder.

Performance Outcomes: The following is a list of the <u>5 items</u> to be turned in as your project. Please use this list as a checklist to ensure completion of all items.

- Perform a literature search using a <u>professional</u> database such as CINHAL.
 <u>Do not</u> use a public search engine such as Google or Yahoo.
 - 1. Using key words related to the scenario.
 - 2. Print the first page of the search (which includes the number of results) and also the page that the article is listed on. Print screen may be the best way to do this.

- **Print 1 article from the search results**, one that is helpful to complete the rest of the project.
 - 1. Article will be from an <u>Professional nursing journal</u>. <u>It must be written</u> by a nurse
 - 2. Article will be less than 5 years old, i.e. no older than 2007
 - 3. **Highlight** key teaching points that would be important to include in nursing care
 - 4. **Print** the entire article and include in your paper pocket folder
- Use your evidence based article and highlighted information to develop the teaching plan. You will need 3 teaching points. You must also include the rational for teaching the patient each point. In other words, why does the patient need to know this? All information gleaned from your article MUST BE CITED IN THE TEXT. Include this in your paper pocket folder. No handwritten work. This portion of the project must be typed. See attached teaching plan template.
- Answer the following questions and cite your sources.
 - o What nursing theory best fits your expected outcomes?
 - o Briefly describe the nursing theory.
 - o How does this theory correspond with your teaching plan?
- Create a "Title" and "Reference" page.
 - 1. Include ALL sources used in the teaching plan and in answering theory questions.
 - 2. Use APA format. Utilize the GHC Student Handbook for guidelines. (see pg Georgia Highlands Nursing Handbook)
 - 3. This must be typed and formatted according to APA guidelines.
- Include a copy of the grading rubric with the paper pocket folder.

Points will be deducted for anything that is missing.

GRADING RUBRIC: NAME: _____

NURS 1101 Rubric for Evidence-Based Practice Project –Focus on Patient Education and Nursing Theory

| | 15 | 10 | 0 | | Total |
|-------------------|-------------------------|-------------------------|----------------|-------------|-------|
| | 13 | 10 | U | | างเลา |
| Professional | 1 st page of | 1 st page of | Search results | | |
| Literature Search | search result | search or | are not | | |
| (total possible | and page | page article | included in | | |
| points=15) | article is on | is on is not | the project | | |
| | is included | included | | | |
| | +/-5 | +/-5 | +/-5 | +/-5 | |
| Evidence-Based | Article is | Article is less | Patient | Article is | |
| Journal Article | from an | than 5 years | education | included in | |
| (total possible | American | old (+5) | points are | project | |
| points=20) | nursing, | | highlighted | (+5) | |
| , - | professional | | (+5) | | |
| | journal (+5) | Article is | | Article is | |
| | | greater than | | not | |
| | Article is | 5 years old (- | Patient | included (- | |
| | from a non- | 5) | education | 5) | |
| | American | | points are not | | |
| | and/or non- | | highlighted (- | | |
| | nursing | | 5) | | |
| | journal (-5) | | - / | | |
| | +/-10 | +/-10 | +/-15 | | |
| Application of | Describes 3 | Describes | Completes all | | |
| evidence-based | significant | how nursing | components | | |
| interventions and | evidence | theory | of teaching | | |
| appropriate | based | applies to | plan and | | |
| nursing theory | teaching | this teaching | thoroughly | | |
| (total possible | points and | plan (+10) | answers | | |
| points=35) | the rational | Fails to | questions | | |
| | (+10) | describe how | regarding | | |
| | Describes | nursing | theory (+15) | | |
| | less than 3 | theory | Does not | | |
| | significant | applies to | complete all | | |
| | evidence | this teaching | components | | |
| | based | plan (-10) | of teaching | | |

| | teaching points and the rational (-10) | +/-5 | plan or thoroughly answer questions regarding theory (+15) | | |
|--|---|--|--|--|--|
| Title and Reference Page (total possible points=20) | Title and Reference pages are included (+10) Title and Reference page is not included (- 10) | Title and Reference page is formatted according to APA (5 th ed.) guidelines (+10) Title and Reference page is formatted using guidelines other than APA (-10) | Correct use of in-text citation (+5) Incorrect use of in-text citation (-5) | | |
| | 10 | 6 | 3 | 0 | |
| Spelling/Grammar (total possible points=10) | Project is typed in complete sentences (when appropriate) and is free of grammar spelling and punctuation errors. | Project contains a 1-3 grammar, spelling and punctuation errors. | Project contains 4-6 grammar, spelling and punctuation errors. | Project contains greater than 6 grammar, spelling, and punctuation errors. | |

Teaching Plan

| <u>Diagnosis:</u> |
|---|
| Rational for Teaching: |
| Expected Outcome: |
| Three teaching points (including rational): |
| |
| Who will be taught: |
| When should the teaching occur: |
| How long should the session last: |
| Where will the teaching take place: |
| How will you evaluate the teaching session: |